

JUNIOR 'BULLS' BOWLS ACADEMY

AT BROADBEACH BOWLS CLUB

JOIN THE FUN
AND LEARN HOW
TO PLAY BOWLS

FREE!

AGES 7 TO 17
BEGINNERS WELCOME

EVERY WED FROM 4-5.30PM AND/OR SUN FROM 2-4.30PM



WHAT IS LAWN BOWLS?



**TARGET
SPORT**



**STRATEGY
GAME**



**ALL YEAR
ROUND**



**ALL
ABILITIES/AGES**

A Sport with Outstanding

HEALTH AND SKILLS BENEFITS

MOTOR SKILLS



Motor Coordination
Balance
Hand/Eye/Foot
Coordination
Timing
Rhythm
Sense of Direction
Depth Perception

PHYSICAL SKILLS



Fitness
Core Stability
Flexibility
Mobility
Muscle Toning

PSYCHOLOGICAL SKILLS



Emotional Control
Focusing
Concentration
Positive Imagery
Relaxation
Self Motivation
Goal Setting

LIFE SKILLS

SELF AWARENESS



Leadership
Confidence
Courage
Persistence
Positive Attitude

SOCIAL SKILLS



Respect
Sportsmanship
Communication
Tolerance
Loyalty
Unselfishness
Teamwork

IT'S THE PERFECT SPORT FOR YOU

COACHING TEAM



JOHN TRAYNOR

HEAD COACH AND
PROGRAM ORGANISER



ROBERT BLANCO

DEVELOPMENT COACH
DIVISION 2 BOWLER



CRAIG TEYS

DEVELOPMENT COACH
FATHER OF WORLD NO. 3



TRISH CULLINANE

DEVELOPMENT COACH
DIVISION 1 BOWLER



ARON SHERRIFF

HIGH PERFORMANCE COACH
AND WORLD NO. 1



BARRIE LESTER

HIGH PERFORMANCE COACH
AND WORLD NO. 26

... Plus many more experienced players!



Come and join the fun and learn the sport of bowls at Broadbeach Bulls!
It's a sport for all ages!

Child's Name(s): _____ Age(s): _____

Parent(s)Guardian(s) Name: _____

Mobile: _____

Email: _____

Our Sessions:

Wednesday's: 4pm-5:30pm

Sunday's: 2pm-4:30pm

Parent signature: _____ Date: _____



*Please return to the address
on the back of this form*

**Ph: 0412788732 (John Traynor)
for more information**

ABOUT THE PROGRAM

- **FREE COACHING PROGRAM** for all school children ages 7 to 17
- Learn with top-of-the-range equipment
- Meet new friends!
- Exciting program with fun challenges
- Friendly & safe environment
- Parent vs Kids Challenge Night
- Weekly Sessions on Wednesday's and Sunday's



Did you know the average age of the Australian Bowls Team is under 30 years old? Did you know Australia is the Number 1 ranked Country in Bowls out of the 80 Countries that play around the World?



Please return this form by bringing it to:

**Broadbeach Bowls Club
169 Surf Pde
Broadbeach QLD 4218**

or by emailing to:

juniors@broadbeachbowls.com.au

Visit our website:

www.broadbeachbowlsclub.com.au